

# ADULT SERVICES

## IN FREDERICK COUNTY

### OUTPATIENT

#### ALLIED COUNSELING GROUP

306 W. Patrick St., Suite 13, Frederick, MD 21701 **301-698-7077**  
Alcohol Education and Level I Treatment. Individual, couple & family counseling, DWI; Certified Domestic Violence Batterer's Group; Anger Management groups; Marital and Family Therapy, EAP Services, Partial residential program, Support Groups Offered; Spanish-speaking treatment groups. *Sliding Scale.*  
Mon – Fri. 9:00 AM – 9:00 PM. **www.alliedcounselinggroup.com**

#### CATOCTIN COUNSELING CENTER

112 East Main St., Thurmont, MD 21788 **301-271-4870**  
309 W. Patrick St., Frederick, MD 21701 **301-631-1304**  
Court approved assessments, evaluations, full range of treatment, speciality in Adult Children of Addiction issues. DOT urinalysis and Employee Assistance available. Mental health assessment and treatment. *Insurances accepted. Sliding scale available.*  
Mon-Thurs. 9:00 AM - 9:00 PM, Fri 9:00 AM - 5:00 PM. **www.catoctincounseling.com**

#### CROSSROADS CENTERS

203 Broadway St., Suite A, Frederick, MD 21701 **301-696-1950**  
Substance Abuse/Mental Health Services including: assessments, education, evening & day treatment, relapse preventions, intensive outpatient & family therapy. DWI services - MVA approved. JCAHO certified. **www.recoveryatcrossroads.com**

#### FREDERICK COUNTY HEALTH DEPT. SUBSTANCE ABUSE PROGRAMS

Adult Treatment Services  
300-B Scholl's Lane, Frederick, MD 21701 **301-600-1775**  
Ambulatory detoxification. Regular and intensive programs with individual, group & family counseling; methadone maintenance; and referrals. *Sliding scale fees and some insurance accepted.* Mon - Fri 8:00 AM - 9:00 PM.  
**www.FrederickCountyMD.gov/HealthDept/substanceabuse**

#### Frederick County Adult Detention Center

7300 Marcie's Choice Lane, Frederick, MD 21703 **301 600-3145**  
Three to nine month intensive treatment programs for incarcerated men and women.

#### FREDERICK INSTITUTE

5716-C Industry Lane, Frederick, MD 21704 **301-663-4130**  
Treatment & rehabilitation of opiate addicted adults. Provides medically supervised methadone maintenance & detoxification, individual & group counseling, intensive outpatient services for court referred clients, relapse prevention. Counseling by appointment. Mon. - Fri. 6:00 AM - 2:00 PM, Sat. 7:00 AM - 10:00 AM.

#### MRB COUNSELING SERVICES, INC

5 Hillcrest Drive, Office B-200, Frederick, MD 21703 **240-566-5656**  
MRB Counseling Services, Inc. is a bilingual treatment program. Services include alcohol and drug evaluations, education, and treatment, anger management, individual and family counseling, and MVA-approved classes. Mon. - Fri. 9:00 AM - 6:00 PM, Sat. 9:00 AM - 4:00 PM. **www.mrbcounseling.com**

#### MARYLAND COUNSELING CENTER

1517 W. Patrick St., B-6, Frederick, MD 21702 **301-662-0855 or 800-622-0668**  
MVA-approved DWI education. Six-month education & group therapy program, Six-month advanced psychotherapy group. Family counseling and relapse psychotherapy group. Comprehensive program 3-4 times a week. Individual treatment. Young adult & women's groups. In-house AA meeting Tues. night 8:30 PM. Spanish language services. Mon - Fri 8:00 AM - 5:00 PM. **www.mcc-center.com**

#### MONOCACY COUNSELING CENTER

1207 North East Street, Frederick, MD 21701 **301-846-0967**  
Level I outpatient substance abuse treatment, specializing in co-occurring disorders and anger management as part of treatment. Assessments, court appearances and referrals. Individual sessions upon request. MVA approved DWI education. Most insurances accepted and payment plans available for uninsured clients. Office hours are Mon. through Thurs. from 11:00 AM– 4:00 PM. Treatment groups are offered Mon., Tues. and Thurs. from 6:00 to 7:00 PM; Wed. from 7:00 to 8:00 PM.

#### MOUNTAIN MANOR TREATMENT CENTER

Outpatient Services  
603A W. Patrick St., Frederick, MD 21701 **301-662-1407**  
Alcoholism and drug abuse treatment services. Assessments. DWI certified. **www.mountainmanor.org**

#### SERENITY TREATMENT CENTER, INC.

420 East Patrick Street, Suite 100, Frederick, MD 21701 **301-898-2627**  
Alcohol and drug evaluations, individual and group counseling, outpatient services, and MVA-approved classes. Urinalysis drug/alcohol screening, family counseling, aftercare planning, and placement. Mon. & Sat. 8:30 AM - 5:00 PM, Tues. - Thurs. 8:30 - 8:00 PM., Fri. 8:30 AM - 3:00 PM. **www.serenitytreatmentcenter.com**

### HALFWAY HOUSES

#### GALE HOUSES, INC.

Olson Recovery Home for Men 608 E. Patrick St., Frederick, MD 21701 **301-662-7003**  
Gale House for Women 336 N. Market Street, Frederick, MD 21701 **301-662-2303**  
Continuing care facility providing structured treatment and rehabilitation in a residential setting. Provides individual and group therapy. Utilization of appropriate community resources to enhance a successful recovery. *Sliding Scale.* **www.galehousesinc.org**

### IN-PATIENT

#### MOUNTAIN MANOR TREATMENT CTR.

9701 Keysville Rd., Emmitsburg, Md 21727 **301-447-2360 or 800-537-3422**  
Adult inpatient detoxification, intermediate, and co-occurring, long-term care provided. **www.mountainmanor.org**

### OUTSIDE OF FREDERICK COUNTY

#### JOSEPH S. MASSIE UNIT - Thomas B. Finan Center

P. O. Box 1722, Country Club Rd., Cumberland, MD 21501 **301-777-2285**  
Inpatient treatment with individual, group & family counseling, activity therapy, vocational and educational services, and self-help groups. 24 HOURS

#### VA MEDICAL CENTER

510 Butler, Ave., Martinsburg, WV 25405 **304-263-0811 Detox Ext. 3685**  
Alcohol and/or drug programs. Inpatient treatment by referral following detoxification. 24 HOURS. *VA Billing by category.*

## ADOLESCENT SERVICES

### IN FREDERICK COUNTY

### OUTPATIENT

#### FREDERICK COUNTY HEALTH DEPT. SUBSTANCE ABUSE PROGRAM

Adolescent Treatment Services  
350 Montevue Lane, Frederick, MD 21702 **301-600-3293**  
Regular and intensive treatment with individual, group & family counseling. Referrals. *Sliding scale fees and some insurances accepted.* Mon - Fri 8:00 AM - 9:00 PM. **www.FrederickCountyMD.gov/HealthDept/substanceabuse**

### IN- PATIENT

#### CATOCTIN SUMMIT ADOLESCENT PROGRAM

5980 Cullen Dr., Sabillasville, MD 21780 **240-420-5400**  
Long-term (4-6 months) residential treatment for adolescents who have completed a short term inpatient program. Services include: individual, group & family counseling; mental health services; GED educational/vocational studies; AA/NA meetings; chemical education; activities of daily living skills; and recreational activities.

### OUTSIDE OF FREDERICK COUNTY

#### LOIS JACKSON UNIT - Thomas B. Finan Center

PO Box 1722, Country Club Rd., Cumberland, MD 21501 **301-777-2290**  
Inpatient treatment for male & females ages 13 to 18. Certified school program. Individual, family and group counseling. *Sliding Scale.*

#### MOUNTAIN MANOR ADOLESCENT CENTER

3800 Frederick Ave., Baltimore, MD 21229 **410-233-1400**  
Inpatient & outpatient adolescent treatment. Assessments and detoxification.

#### PATHWAYS

2620 Riva Road Annapolis, MD 21401 **800-322-5858**  
Two-three week inpatient adolescent program. Accepts most insurances. **www.pathwaysprogram.org**

#### WHITE DEER RUN

360 White Deer Run Road, Allenwood, PA 17810 **800-255-2335**  
Variable length of stay for adolescent inpatient. program. **www.whitedeerrun.com**



# PREVENTION

## FREDERICK COUNTY HEALTH DEPT. SUBSTANCE ABUSE PREVENTION PROGRAM

350 Montevue Lane, Frederick, MD 21702      **301-600-3293**  
Primary prevention, community education; information, in service training, tobacco education, smoking cessation, support groups for children affected by family substance abuse. *Free.*      [www.FrederickCountyMD.gov/HealthDept/substanceabuse](http://www.FrederickCountyMD.gov/HealthDept/substanceabuse)

# INFORMATION

## DIAL 211 for INFORMATION AND REFERRALS

## FREDERICK COUNTY SHERIFF'S OFFICE

110 Airport Drive East, Frederick, MD 21701  
Drug & Enforcement Tip Hotline      **301-644-4131**  
Drug Education Speakers      **301-600-3694**

## CASS -COMMUNITY AGENCY SCHOOL SERVICES

School/Community based program provides accessibility to affordable professional services including but not limited to substance abuse.

Brunswick	301-834-7873
Catoctin	240-236-1770
Frederick	240-629-6633
Gov. Thomas Johnson	240-629-6630
Linganore	240-236-5512
Middletown	301-371-4897
Tuscarora	240-236-6601
Urbana	240-236-7658
Walkersville	301-898-1920

THIS PAMPHLET IS PROVIDED FOR INFORMATIONAL PURPOSES ONLY. IT IS NOT AN ENDORSEMENT OF ANY OF THE RESOURCES HEREIN. IT IS NOT PROPOSED TO BE A FULL AND COMPLETE LIST OF RESOURCES.

For additional copies of this pamphlet, call the Frederick County Health Department Substance Abuse Division at **301-600-3293.**

# SELF-HELP GROUPS

## ALCOHOLICS ANONYMOUS

West Central Intergroup of Maryland  
P. O. Box 1771, Frederick, MD 21702      **301-662-0544**  
Self help groups for alcoholics: morning, afternoon and evening meetings. *Free.*  
[www.westcentralaa.org](http://www.westcentralaa.org)

## AL-ANON &ALATEEN FREDERICK-WASHINGTON CO.

**800-344-2666**      [www.al-anon.alateen.org](http://www.al-anon.alateen.org)  
Information & help for family & friends of alcoholics. *-Free*

## FREDERICK AREA NARCOTICS ANONYMOUS

P. O. Box 4233, Frederick, MD 21701      **301-662-3263**  
Self help groups for drug abuse. Meetings every night, some afternoon meetings – *Free.*

# HOTLINES – EMERGENCIES

## AMBULANCE - FREDERICK COUNTY CENTRAL ALARM DIAL 911 - 24 HOURS A DAY

## FREDERICK MEMORIAL HOSPITAL EMERGENCY DEPARTMENT

400 West 7th St. Frederick, MD 21701      **301-698-3500**  
Medical Treatment & admission to hospital by staff physician. Referral services for drug/alcohol abuse. *Third Party Payments, Medical Assistance, Fees Vary.* 24 HOURS

## FREDERICK COUNTY UNDERAGE DRINKING PARTY HOTLINE

Confidential & anonymous phone service. Callers can call and provide information about parties involving underage drinking or illegal drugs.      **301-600-1318**  
24 HOURS - FREE

## FREDERICK COUNTY HOTLINE

**301-662-2255 OR 800-422-0009** 24 HOURS - FREE  
Confidential & anonymous phone counseling service. Information & referrals, support & crisis intervention. Various issues, including depression, alcohol, drugs, relationships etc.

## MARYLAND POISON CENTER

20 N. Pine St., Baltimore, MD 21201      **800-222-1222**  
Information to emergency personnel & public concerning poisons, drugs, & safety procedures with chemicals 24 HOURS.      [www.mdpoison.com](http://www.mdpoison.com)

## NATIONAL RUNAWAY SWITCHBOARD

**800-RUN-AWAY**  
Family contact service for adolescent runaways. Takes request for free Greyhound bus ticket back home for runaways. Referrals for counseling, medical aid, shelter and legal aid. Calls will not be traced. *Free.*      [www.1800runaway.org](http://www.1800runaway.org)

## STATE HIV/AIDS BILINGUAL HOTLINE

**800-638-6252**      **800-553-3140 TTY RESOURCES**  
Information on all statewide HIV/AIDS resources and referrals ONLY. Public & Private. Mon – Fri. 9:00 AM – 5:00 PM. *Free.*      [www.dhmf.state.md.us/aids](http://www.dhmf.state.md.us/aids)

# ALCOHOL AND DRUG INFORMATION

Frederick County  
State of Maryland  
Certified  
Alcohol and Drug  
Treatment Programs

FREDERICK COUNTY SUBSTANCE ABUSE COUNCIL  
WINCHESTER HALL  
FREDERICK, MD 21701  
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